



# Blueberry Spa

## **Welcome to the Blueberry Spa**

### **What you need to know when visiting the blueberry spa**

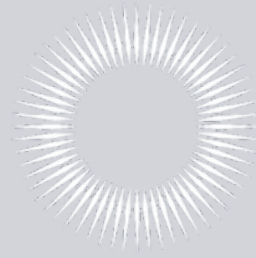
**-Arrival:** Please arrive 30 minutes before your appointment time for a brief tour and consultation to enhance your spa experience.

**-Hydrotherapy Centre:** Bring your swimwear to indulge in our world-class hydrotherapy centre featuring , steam rooms and a heated jacuzzi.

**-Consideration:** To maintain a tranquil environment, we do not allow children under 16 years old.

**-Bookings:** Please make your booking with the spa reception to secure your spot. Cancellations require a 3-hour notice, or a 25% cancellation fee will apply.

**Spa Management**



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## Academie Scientifique De Beaute Facial Treatments

### Radiance Glow Facials

- Express Instant Radiance Facial 30min R450
- Premium Instant Radiance Facial 60min R750
- Optimum Radiance Oxygenating Treatment 60min R1 250

### De-Tox Facials

- Express D-Tox Ritual 30min R450
- Premium D-Tox Facial 60min R750

### Deep Hydration Facials

- Express Hydraderm Ritual 30min R450
- Premium Hydraderm Facial 60min R750
- Optimum Hydration Treatment 60min R1 200

### Dry Skin Facials

- Express Nourishing Ritual 30min R450
- Premium Hydra-Nourishing Facial 60min R750
- Comfort Nutrition Treatment 60min R1 150

### Purifying Facials

- Express Pureness Ritual 30min R450
- premium Pureness Facial 60min R750
- Optimum Pureness Facial 60min R1 150

### Sensitivity Facial

- Express Hypo-Sensible Ritual 30min R450
- Premium Hypo- Sensible Facial 60min R750
- Optimum Desensitizing Treatment for Redness 60min R1 150

### Age Defying Facials

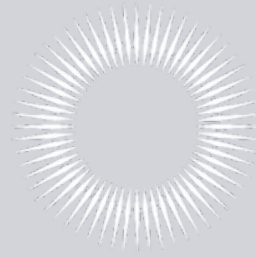
- Express Age Repair 30min R450
- Premium Age Repair Ritual 60min R750
- Absolute Pro Aging Treatment 70min R1 200
- Collagen Treatment 75min R1 250

### Expert Facial Treatments

- Express Eye Contour OR Anti Puffiness Ritual 20min R515







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## Body Treatments

<b>Indian Head Massage</b> Soothing Pressure Point Massage	<b>30min R300</b>
<b>Soothing Massage</b> Medium to Deep Back, Neck & Shoulder Massage	<b>30min R650</b> <b>60min R950</b>
<b>Harmony Healing</b> Medium to Deep Massage	<b>60min R950</b> <b>90min R1150</b>
<b>Pre-Natal Blooming Mommy</b> Relaxing Massage	<b>60min R950</b>

## Massage Add Ons

<b>Hot Stone</b>	<b>R135</b>
<b>Aromatherapy</b>	<b>R125</b>
<b>Wooden Massage Roller</b>	<b>R135</b>

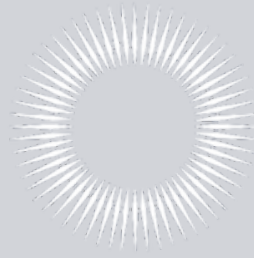
## Body

<b>Glow Getter</b> Gentle Exfoliation to Soften, Remove Dead Skin and Nourish the Skin	<b>30min R350</b>
<b>Radiant Revival</b> Healing Wrap to Soothe, Hydrate and Nourish the Skin	<b>60min R450</b>

## Beauty Enhancements

<b>Hand Treatment</b> Exfoliation and Massage	<b>45min R325</b>
<b>Hand Grooming</b> Includes Buff and Shine	<b>60min R400</b>
<b>Blueberry Signature</b> Hand Grooming that Includes Polish	<b>60min R500</b>





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**Foot Treatments** 45min R400  
Exfoliation Massage

**Leg Massage** 60min R520  
Massage

**Foot Grooming** 60min R500  
Includes Buff and Shine

**Blueberry Signature** 60min R650  
Foot Grooming that Includes Polish  
Add on:

**Elite Foot Treatment** 15min R250  
Includes Foot Peel

## Beauty Enhancements Add Ons:

**Paraffin Mask** R145  
**Gel Polish (Application Only)** R125  
**Soak Off** R110

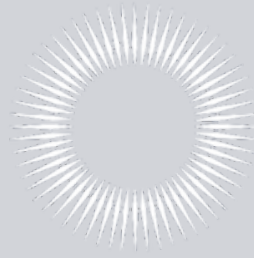
## Journey Within

**Just For Giggles** 90min R1400  
30 min Soothing Shoulders  
30 min Indian Head  
30 min Foot Massage  
Unwind with our Just for Giggles  
Package Including a Rejuvenating  
Snack

**Path To Serenity** 2hrs 15min R1550  
30 min Glow Getter  
90 min Harmony Healing Massage  
15 min Indian Head Massage

**Twilight Experience** 3hrs 30min R2500  
30 min Glow Getter Exfoliation  
60 min Radiant Revival Wrap  
60 min Harmony Healing  
60 min Manicure  
Unwind with our Twilight Package  
Including a Rejuvenating Snack





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## **Mindful Escape**

30 min Glow Getter Exfoliation  
60 min Radiant Revival Wrap  
60 min Harmony Healing Massage  
60 min Facial  
60 min Pedicure or Manicure  
Light Lunch from our a La Cart Menu

**4hrs 30min**  
**R5350 per**  
**couple**

## **Nurturing Pre-Natal**

### **Blooming Mommy**

30 min Soothing Shoulder Massage  
60 min Pedicure  
Unwind with our Pre-Natal includes  
Rejuvenating Snack

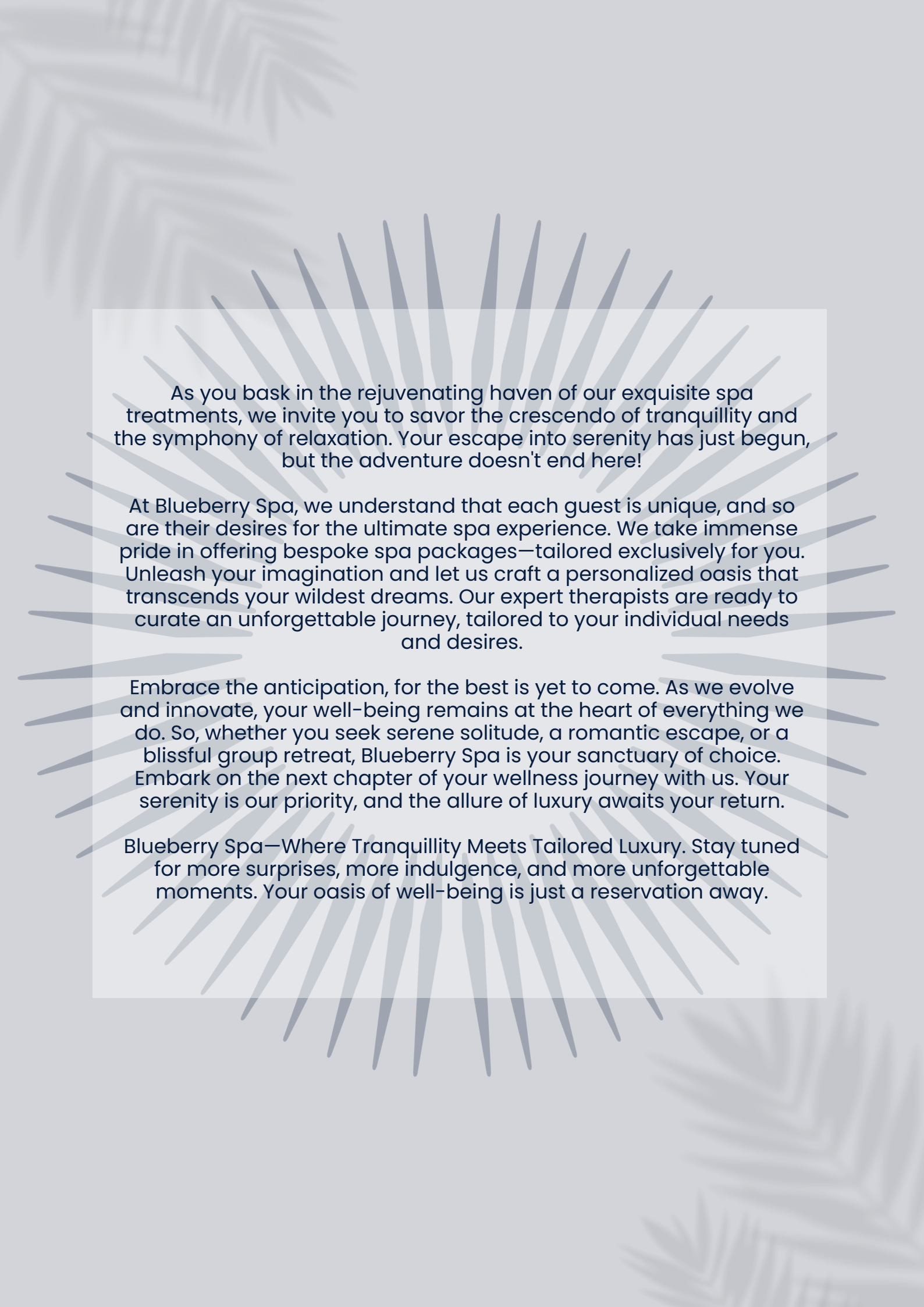
**90min R1300**



### **Blooming Mommy Package 2**

30 min Glow Getter Exfoliation  
60 min Blooming Mommy Massage  
60 min Facial  
60 min Pedicure  
Light Lunch from our a La Carte Menu

**3hrs 30min**  
**R2750**



As you bask in the rejuvenating haven of our exquisite spa treatments, we invite you to savor the crescendo of tranquillity and the symphony of relaxation. Your escape into serenity has just begun, but the adventure doesn't end here!

At Blueberry Spa, we understand that each guest is unique, and so are their desires for the ultimate spa experience. We take immense pride in offering bespoke spa packages—tailored exclusively for you. Unleash your imagination and let us craft a personalized oasis that transcends your wildest dreams. Our expert therapists are ready to curate an unforgettable journey, tailored to your individual needs and desires.

Embrace the anticipation, for the best is yet to come. As we evolve and innovate, your well-being remains at the heart of everything we do. So, whether you seek serene solitude, a romantic escape, or a blissful group retreat, Blueberry Spa is your sanctuary of choice. Embark on the next chapter of your wellness journey with us. Your serenity is our priority, and the allure of luxury awaits your return.

Blueberry Spa—Where Tranquillity Meets Tailored Luxury. Stay tuned for more surprises, more indulgence, and more unforgettable moments. Your oasis of well-being is just a reservation away.